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## How will COVID-19 Affect Me?

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That is indeed the question most everyone may have today. If you don't, then it may be prudent that you ask that question. More importantly, do not make the mistake of asking the question to your doctor! If you do you will soon be prescribed with medications and tests that will do more harm to your body than good.

Anyways, this note is not to be critical about modern medicine but to be prescriptive of how best to KNOW by your own self the effect of COVID-19 on your system/body.

It is a common knowledge that human body carries billions of viruses and at the same time very effectively fights against viruses that are not needed to the system and manages to eject them out of the system too. We call this process as the "immune system" in your body.

The answer to your question is simple. The stronger the immune system in your body, the less is the negative effect of any virus to your body. COVID-19 is no exception to this rule.

So, ask yourself a broader question - How good is my immune system? A thorough examination of your horoscope will reveal the balancing elements in your body and the overall resistance to fight the unwanted elements in your body.

Although a knowledgeable astrologer will be able to examine deeply and give you a good feedback on the strong and weak elements in your body, let me go a step ahead and help you circle the main element of your horoscope chart that will help reveal this secret (not really a secret, but a fact).

in Vedic Astrology, LAGNA which is the FISRT house in the horoscope explains everything about the self that includes your entire body - state of the Union! So, if not anything else, thoroughly examine the strength of the LAGNA in your horoscope. Here is a brief step by step approach to unveil the strength of the LAGNA

- **Step 1** See what is the SIGN of your Lagna. Depending on the sign, see who is the LORD of that SIGN. Then see where (which house) is that Lord LOCATED in your horoscope. A poor location makes the Lagna weak and good location adds to the strength of the Lagna.
- **Step 2** Examine the STRENGTH of the Lord of the Lagna. A strong Lord will save the Lagna even in adverse conditions. A weak lord will manage to wreck even the Titanic.
- **Step 3** See what GRAHAS are influencing the LAGNA. Influence by NATURAL BENEFICS will support the LAGNA and those by NATURAL MALEFICS will deter it.

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**Step 4** - Irrespective of influence by BENEFIC or MALEFIC, examine the functional NATURE of the Graha for that particular horoscope. For example if the Graha is a Natural Benefic like Jupiter but for that particular horoscope it is the Lord of the house that promotes DECEASES, then that influence will do more harm than good to LAGNA (from the perspective of your BODY).

**Step 5 -** Examine the Strength of SUN in the horoscope. Besides other things, the SUN is a chief significator of LAGNA. A strong SUN will add strength to the LAGNA and vice-versa.

**Step 6** - Determine the NAKSHATRA of the Lord of Lagna. Examine where is the lord of that NAKSHATRA located in that horoscope. A poor location of that Lord will weaken the Lagna and viceversa.

While a knowledgeable Astrologer will most certainly do a deeper analysis, with these simple 6 step process, you will be able to determine the ability of your BODY to fight back any unwanted elements within the BODY. AFTER following these simple steps, the result you will arrive at, will give you a scorecard of your BODY resistance at a MACRO level. It will answer a simple question like "Is my body strong enough to fight harmful viruses?"

Once you get your score, if you see it is **above 80%**, you are very unlikely to be affected by the harmful effects COVID-19. If the scoring is between **50% and 80%**, take extra care with food intakes and daily Vitamins. However, if your score is **below 50%** you have reasons to worry but you also have an opportunity to improve your immune system by traditional / natural means. Your knowledgeable Astrologer will be able to guide you through the path of well being.

Having a trustworthy Astrologer by your side is more beneficial to your health than anything else!

Wishing you good health and Happiness!



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